

Sino-Nasal Outcome Test (SNOT-22) Questionnaire

DOB:

Haille.	Date:	
	equences of your nasal disorder. We	would like

Below you will find a list of symptoms and social/emotional consequences of your nasal disorder. We would like to know more about these problems and would appreciate your answering the following questions to the best of your ability. There are no right or wrong answers, and only you can provide us with this information. Please rate your problems as they have been over the past two weeks. Thank you for your participation.

A. Considering how severe the problem is when you experience it and how frequently it happens, please rate each item below on how "bad" it is by circling the number that corresponds with how you feel using this scale:

each item below on how "bad" it is	No	y the num Very	Mild or	Moderate	Severe	Problem	Most
	Problem	Mild	Slight	Problem	Problem	as bad	important
	Froblem	Problem	Problem			as it can	items
		TODICIN	110010111			be	
1. Need to blow nose	0	1	2	3	4	5	[]
2. Sneezing	0	1	2	3	4	5	
3. Runny nose	0	1	2	3	4	5	
4. Nasal obstruction	0	1	2	3	4	5	
5. Loss of smell or taste	0	1	2	3	4	5	
6. Cough	0	1	2	3	4	5	[]
7. Post-nasai discharge	0	1	2	3	4	5	
8. Thick nasal discharge	0	1	2	3	4	5	[]
9. Ear fullness	0	1	2	3	4	5	[]
10. Dizziness	0	1	2	3	4	5	[]
11. Ear pain	0	1	2	3	4	5	[]
12. Facial pain/pressure	0	1	2	3	4	5	
13. Difficulty falling asleep	0	1	2	3	4	5	[]
14. Waking up at night	0	1	2	3	4	5	[]
15. Lack of a good night's sleep	0	1	2	3	4	5	[]
16. Waking up tired	0	1	2	3	4	5	
17. Fatigue	0	1	2	3	4	5	[]
18. Reduced productivity	0	1	2	3	4	5	[]
19. Reduced concentration	0	1	2	3	4	5	
	0	1	2	3	4	5	[]
20. Frustrated/restless/irritable	0	1	2	3	4	5	<u> </u>
21. Sad	0	1	2	3	4	5	[]
22. Embarrassed	Market Albania and Albania and Albania	manaranan manaran Manaranan manaran	THE HOUSE SHOW THE PARTY OF	AND CHECK ALL ALL AND CONTROL OF THE PERSON	antamicinal and analysis and	CHERON CHENNESS COM	
TOTALS (each column):	- NAMES AND ADDRESS OF A STREET	AND AND CONTRACTORS IN THE	erransemental means	A THOMOSPHEM MAN WHITE LANGEST	CHECKEN WALKE ON CHARACT	CONTRACTOR CONTRACTOR SANCTOR	

B. Please check off the most important items affecting your health in the last column (max of five items)

GRAND TOTAL SCORE (all columns together):